

## Supplies:

7 mesh plastic canvas: 1 sheet $101 / 2^{\prime \prime} \times 131 / 2^{\prime \prime}$
Cut pieces needed
Front \& Back $56 \times 27$ threads
Long side: $56 \times 17$ threads (x2)

Needle
Scissors
Yarn
Brick (not included)

Short side: $27 \times 17$ threads (x2)
*This kit is designed for a brick with the demensions 8 " $w x$ $35 / 8^{\prime \prime} h x 21 / 8 " d$

## Working Directions

1. Cut all 6 pieces out of main sheet of canvas. See fig. 1
(1-Front/Back 8//4" x 4" - 2s $8 / 4 " \times 21 / 2^{\prime \prime}-3 s 4 " \times 21 / 2^{\prime \prime}$ )
2. Trace letters on 1-Front and 1-Back (See fig. 4 \& fig 5)

3. Thread needle with the text accent color. Start from the back, leaving a little tail. As you begin to make your stitches they will hold the tail in place. (see fig. 2 on page 8)

4. Complete tent stitch across all letters. There is no need to cut in between each letter. The background color will cover up the yarn going across.

5. Finish off letters by pushing needle through several threads on the back, then cut thread.

6. Repeat steps 2 and 3 for the back "MAKE A LIST" text.

7. Using your main color, apply the tent stitch across the entire piece. You will repeat for the back.
**This is the point in the process where Trudy would kick her feet up and sew while watching Dancing with the Stars.

8. Repeat steps 7 for 1-Back

9. For the \#2 pieces you will use the flat stitch variation. (see fig. 3 page 8)

10. Starting at the fourth square over from the corner of the canvas come up with your needle leaving a tail. You will go down with your needle at an angle in the square that is the fourth up from the bottom corner.

11. Come up in the square below (the third up from the corner to the third over from the corner) and repeat for the diagonal below. Now repeat the stitch for the remainder of the row.

12. Starting the next row you will work in the opposite direction. To know where to start the next row, you will count four squares on the canvas, starting at the number 1. As illustrated here. All the 1 s and 4 s share a square.
13. Repeat for the the remaining pieces. (2 and both 3s)

14.This is the layout for how the pieces will be sewn together using your other accent color yarn.

14. Start with 1-Front, pull yarn through the back to begin sewing.

15. With wrong sides together (1-Front and 2) Sew the two together, making sure to line up the squares.

16. No need to cut yarn, continue sewing Front-1 to 3 . Wrong sides together.

17. Continue sewing the remaining 2 and 3 pieces to Front-1.

18. Finsh off yarn by threading through the back and then cutting with scissors.

19. All sides are now sewn to Front-1.

20. Now you will begin to sew it into it's three dimensional shape. Sewing one side corner at a time until you've completed the rectangle.

21. Before you place the brick in the form, thread the yarn through the back to begin stitching. Start at one of the four corners.

22. Place brick in the form.

23. Starting at the corner you've choosen, lining up the squares, you will now sew the BACK-1 to all four sides.

24. If you are seeing exposed canvas on the corners you can sew a few times in the same whole to get the desired coverage.

25. You will notice that you have to pull a little tighter to close the gap when sewing the final piece together.

26. The final piece! You did it! Trudy would be so proud :)


Plastic canvas pieces

| 1 | 3 |  |
| :---: | :---: | :---: |
| 1 | 3 |  |
| 2 |  |  |

Fig. 1

The tent stitich


Fig. 2

Flat stitch variation


Fig. 3

